

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 14 th January 2010	Completed by;
Chapter 1	Recommendation: 1.1

Chapter 1 Listening to what we heard: Consultation with service users, carers and providers The principles and values described here and underpinning this policy should be reflected in all mental health service planning and delivery

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

We have active representation from both a service user and carer perspective on our Local Implementation Group and other local committee's such as policy groups, medical records group etc
We have two groups who have participated in the Leadership Programme in D.C.U. The initial group have completed a questionnaire which reviewed the strengths & weaknesses of our services from a service user, carer and providers perspective. Subsequent to this they have instigated a process of Tripartite way of developing service improvement by Trialogue's
We have also developed a discussion group between senior management, service user and carer representatives – the group is officially names 'Windows' and the participates have set the rolling agenda of items they want to change or implement within the local services

Reason for partial completion / not yet

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Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Linkages with other agencies for e.g. Carers Association, Irish Advocacy Network etc

Recommend key issues for the consideration of the Independent Monitoring Group

Formalization of the Tripartite way nationally
Allocated budget & WTE for full time Service User representative within the services

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 14 th January 2010	Completed by;
Chapter 3	Recommendation 3.1

Chapter 3 – Partnership in Care: Service Users and Carers:

3.1: Service Users and carers should participate at all levels of the mental health system.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously stated in recommendation 1.1. we have representation on all of our local committees and a partnership approach is taken when feeding back via the service plan or any service developments/changes

We also have a service user working closing with a Primary Care Liaison Nurse these two individuals give talks through-out secondary schools in West Cork & recently received an award for 3rd place (out of 130) on their poster presentation working with schools from the National Council for Nursing & Midwifery.

Our Assertive Outreach Programme (Home Focus) which has a Recovery Worker as part of its team provide holistic, person-centred, recovery-based support to people with severe and enduring mental health difficulties who are isolated because of their inability or unwillingness to access traditional, centre-based models of service delivery. The project has led to a significant 47% reduction in hospital days over a period of 12 months for participants who engaged in the project.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

HSE REGION South	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.2

Chapter 3 – Partnership in Care: Service Users and Carers:
 Advocacy should be available as a right to all service users in all mental health services in all parts of the country.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

An advocacy representative visits all of our premises once a week and is available to all service users within our services outside of these hours. The Irish Advocacy Network employee assigned to West Cork Mental Health Services was the service user representative on the initial Cooperative Learning Course and is involved in a number of local committees in progressing the services forward.
Contact details and informative leaflets are displayed in all of our areas. Under the Mental Health Commission regulations a new information booklet has been devised and is routinely available in all areas.

Reason for partial completion / not yet

We would like to have a full-time advocacy representative full-time on site and integrated fully within our services.

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.3

Chapter 3 – Partnership in care: Service Users and carers
 Innovative methods of involving service users and carers should be developed by local services, including the mainstream funding and integration of services organised and run by service users and carers of service users.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously outlined in 3.1 both service users and carers are involved in different innovative aspects of our services.
The recovery worker aligned to the Assertive Outreach Programme has received mainstream funding and is currently operational. See 3.1 for further details.
There is a number of support groups through-out the area which are lead by service users for service users. Our services links in with these groups to provide support in terms of accommodation/advice etc
West Cork Mental Health Forum is an informal network of stakeholders in the area with an interest in improving community supports for people with mental ill-health in the area. It involves the coming together of service users, carers, community organisations, voluntary sector organisations and the individuals from the Health Service Executive.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.6

Chapter 3: Partnership in care: Service users and carers

Carers should be provided with practical support/measures such as; inclusion in the care planning process with the agreement of the service user, inclusion in the discharge planning process, timely and appropriate information and education, planned respite care and should have a member of the multidisciplinary team to act as a key-worker/designated point of contact with the team and to ensure these services are provided.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	Not yet commenced
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please tick

Please provide supporting factual Information

As previously outlined we have two carers who previously took part in the co-operative leadership programme. One of these individuals is a member of our L.I.G. and Local Policy Committee. We have a key-worker system in place who liaises with the carer on an ongoing basis.

National Mental Health Collaborative - Care Planning, our services as two representatives on both the National Steering Group and the Operational Team – all progress on same will be feed-back for discussion with our Carer Representatives.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation: 3.7

Chapter 3 – Partnership in care: service users and carers

The experiences and needs of children of service users should be addressed through integrated action at national, regional and local level in order that such children can benefit from the same life chances as other children.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	Not yet commenced
	√	

Please tick

Please provide supporting factual information

Our service has a family counsellor to meet the needs of the entire family unit. Referrals for this support may be accessed by the G.P.'s of directly from our M.D.T.
We have also build up strong links with the community services who provide child psychology, social services and C.A.M.H.S.
We would like to further develop supports for young through-out the area by forming links with organisations such as 'Jigsaw'

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.8

Chapter 3 – Partnership in care; Service users and carers

Mental health services should provide ongoing, timely and appropriate information to service users and carers as an integral part of the overall service they provide.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously outlined all appropriate information is widely & routinely circulated and displayed in all areas. We have formal communication links also in operation with the local voluntary sector organisations so that information is also circulated through their newsletters.

In the past 12 months we have completed a carers pack which includes a copy of 'The Journey Together', HSE Complaints Policy 'Your Service, Your Say' and a West Cork 'Sign-posting Book'(a one stop shop for all contact details of all services available)

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.9

Chapter 3 – Partnership in care; Service users and carers

Information on the processes involved in making complaints or comments on mental health services should be widely available.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

Our services are fully compliant with the HSE complaints policy. Details of same are displayed through-out our services with contact details of complaints officer widely available.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 3	Recommendation 3.10

Chapter 3: Partnership in care; service users and carers

Service user involvement should be characterised by a partnership approach which works according to the principles outlined in this chapter and which engages with a wide variety of individuals and organisations in the local community.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously stated in a number of the recommendations above we have developed a strong partnership approach with a large number of individuals and organisations in the local community. E.g. West Cork Mental Health Forum, 'Windows' Group, West Cork Carers, National Learning Network etc

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 4	Recommendation 4.2

Chapter 4 – Belonging and participating; Social Inclusion

Evidence-based programmes to tackle stigma should be put in place, based around contact, education and challenge.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

The West Cork Mental Health Forum is working towards challenging the stigma of mental health, through a number of different initiatives such a community walks, cinema nights and the development of a sign posting booklet for all services available to individuals living in the region.
As previously outlined we have a primary care liaison nurse and a recovery worker running a number of Educational and Prevention Programmes through-out West Cork.
West Cork now has a growing diverse and multi-cultural society and our team acknowledges this with a view to strengthening the social and community networks in order to engage with newcomers to Irish society (e.g. The Buddhist Centre Castletownbere)

Reason for partial completion / not yet

This year we plan to run a local positive media campaign in order to instigate a local debate on mental health issues & outline all the services available through-out the area.
We also envisage developing our own website pertaining directly to our services with links to all the community & voluntary section organisations.

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 4	Recommendation 4.6

Chapter 4: Belong and participating: Social Inclusion

Evidence-based approaches to training and employment for people with mental health problems should be adopted and such programmes should be put in place by the agencies with responsibility in this area.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual information

We have 6 individuals who have either completed or in the process of completing the co-operative leadership programme.

The Prevention Programme ASIST continues to be rolled out to individuals within the community.

We envisage running in-house programmes for service users and carers which would be facilitated by the previous co-operative leadership graduates.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 4	Recommendation: 4.8

Chapter 4 – Belonging and participating: social inclusion

Mental health services should be provided in a culturally sensitive manner. Training should be made available for mental health professionals in this regard, and mental health services should be resourced to provide services to other ethnic groups, including provision for interpreters.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Our service adheres to the HSE National Equality Framework in addressing all health needs of ethnic minority groups.

Interpreter services are provided as and when the need arises. However there is a travel time of a minimum of two hours in order to avail of this service – difficulties have arisen in the event of a crisis admission.

In order to address culturally sensitive or alternative treatments, a study was conducted by one of our Registrar’s with a group of asylum seekers based in Clonakilty.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 4	Recommendation: 4.9

Chapter 4: Belonging and participating; Social inclusion:

Community and personal development initiatives which impact positively on mental health status should be supported e.g. housing improvement schemes, local environment planning and the provision of local facilities. This helps build social capital in the community.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Subsequent to our residential review we have relocated 7 residents to independent living facilities.
Members of our MDT are on the West Cork Homeless Forum Committee which does an annual review of housing needs in the area. This is a joint venture with the local housing authorities.
Our service plan outlined a further joint venture with Cork Mental Health Housing Association to develop a social housing project for the Bantry area.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by
HSE REGION South	Catchment West Cork
Chapter 5	Recommendation : 5.1

Chapter 5: Fostering well being; Mental health promotion

Sufficient benefit has been shown from mental health promotion programmes for them to be incorporated into all levels of mental health and health services as appropriate. Programmes should particularly focus on those interventions known to enhance protective factors and decrease risk factors for developing mental health problems.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

A number of initiatives were rolled out in the past 12 months to promote well being in mental health within our area. Examples of same are hereunder:

'Moving towards Recovery Group' has been developed by the Occupational Therapy and Psychology Department. This is a skill based group for young adults 18yrs to 35yrs which provides community based activities, peer support and coping skills. Examples of the community activities are as follows: relaxation, kayaking, self esteem, cookery, communication, sailing, mind fullness & craftwork

'Recovery Project' in line with the MHC Recovery Model has been delivered to clients the last number of months via our O/T Department. Following the success of this a bi-weekly recovery meeting was instigated for staff with a view to developing a structured approach to recovery.

'Music in Healthcare Programme' has been operational for a number of months in two of our residential settings. It offers participants (staff and service users) the opportunity to participate in a creative activity through the medium of music. Staff experience first hand the benefits of creative groups for clients with mental health difficulties. It encourages additional ways of communication between staff and service users through music activities and provides enhanced and additional opportunities of self expression for service users.

'Community Health Promotion' Our services has linked up with the HSE South Health Promotion Officers & Local Walking Groups and completed a number of day events (Sports-fest, Hill Walking etc) to raise awareness of the benefits of physical activity on a recovery path.

WRAP – has been rolled out in a number of our facilities successfully.

Reason for partial completion / not yet

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Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations

Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 5	Recommendation : 5.2

Chapter 5: Fostering well-being; Mental health promotion

All mental health promotion programmes and initiatives should be evaluated against locally agreed targets and standards.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

Smaller, short term programmes are evaluated against locally agreed targets and standards which are agreed prior to commencement.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 5	Recommendation 5.5

Chapter 5: Fostering well-being; Mental health promotion

Training and education programmes should be put in place to develop capacity and expertise at national and local levels for evidence-based prevention of mental disorders and promotion of mental health.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

There are a number of staff members have received training and are currently rolling out prevention programmes such as ASSIST

As previously stated we have a team who are providing educational sessions on mental health issues to secondary school children.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale (commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations

Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.1

Chapter 7; Mental Health in primary care;
 All individuals should have access to a comprehensive range of interventions in primary care for disorders that do not require specialist mental health services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

Our CMHN's are aligned with the Primary Care Teams and have access to a wide range of community interventions. We also work closely with voluntary section and community organisations in optimising these services for individuals who do not require specialist mental health services.
Again we have a primary care liaison nurse working directly in a primary care setting. i.e. receiving referrals directly from G.P. etc

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.3

Chapter 7 – Mental Health in primary care

All mental health service users, including those in long-stay wards, should be registered with a GP.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
	√				

Please tick

Please provide supporting factual Information

All of our service users both including those in long-stay wards are registered with a General Practitioner

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.4

Chapter 7: Mental health in primary care:
 Appropriately trained staff should be available at the primary care level to provide programmes to prevent mental health problems and promote wellbeing.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

As previously outlined above we have a number of individuals who work at primary care level to provide programmes and promote wellbeing.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale (commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.5

Chapter 7 – Mental health in primary care

It is recommended that the consultation/liaison model should be adopted to ensure formal links between CMHTs and primary care.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	

Please tick

Please provide supporting factual Information

We have a number of CMHN's who are aligned to the PCT's here in West Cork – this reconfiguration of our staffing allows for appropriate consultation/liaison to be adopted thus forming formal links between both services.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.6

Chapter 7 Mental health in primary care
 Mental health professionals should be available in the primary care setting, either within community care, the primary care team or the primary care network.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

We have a number of staff who are aligned to the PCT's here in West Cork

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

There is a requirement for Mental Health Professionals to be recruited as part of the PCT's on initial set up.

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.7

Chapter 7: Mental health in primary care

Local multidisciplinary CMHTs should provide a single point of access for primary care for advice, routine and crisis referral to all mental health services (community and hospital based).

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

Our Team Co-ordinator is the single point of access for all referrals into all our mental health services in West Cork – referrals are then discussed at the MDT meetings and appropriate intervention is decided by all disciplines.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

This is an excellent model which gives a unified approach to all referrals received.

Thank You

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.8

Chapter 7 Mental health in primary care:
 Protocols and policies should be agreed locally by primary care teams and community mental health teams - particularly around discharge planning. There should be continuous communication and feedback between primary care and the CMHT.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Again we have a number of CMHN's who sit on the Primary Care Team Meetings and are involved in the care planning associated with joint care of clients. All communication is feedback into the MDT meeting within our services.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
 (commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.10

Chapter 7 Mental health in primary care:

Physical infrastructure that meets modern quality standards should provide sufficient space to enable primary care and CMHTs to provide high quality care.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

New multi-service centres available in a number of towns in West Cork
Capital plans have identified the areas remaining (Bantry & Clonakilty)

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 7	Recommendation 7.11

Chapter 7 Mental health in primary care;

The education and training of GPs in mental health should be reviewed. GPs should receive mental health training that is appropriate to the provision of mental health services described in this policy (i.e. community-based mental health services). Service users should be involved in the provision of education on mental health.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual information

Local MDT have previously provided training on mental health services including the Mental Health Act 2001

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 9	Recommendation 9.1

Chapter 9 - The Community Mental Health Team (CMHT)

To provide an effective community-based service, CMHTs should offer multidisciplinary home-based treatment and assertive outreach, and a comprehensive range of medical, psychological and social therapies relevant to the needs of service users and their families. Each multidisciplinary team should include the core skills of psychiatry, nursing, social work, clinical psychology, occupational therapy. The composition and skill mix of each CMHT should be appropriate to the needs and social circumstances of its sector population.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

The Community Mental Health Team in our services has a comprehensive range of representatives from each disciplines including psychology, medical, social work, occupational therapists, counsellors providing CBT etc

As previously outlined the Home Focus Team are an Assertive Outreach Team who provide an effective community based service.

A number of CMHN's up-skilled to CNS posts and are now providing numerous psychological therapies in the community.

Plans to develop liaison service on dual diagnosis

Reason for partial completion / not yet

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Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Increased community staffing required

Recommend key issues for the consideration of the Independent Monitoring Group

Consumer satisfaction expressed with community based treatments/care
64% decrease in admission figures since the implementation of an Assertive Outreach Team

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 9	Recommendation 9.2

Chapter 9 – The Community Mental Health Team (CMHT)

The cornerstone of mental health service delivery should be an enhanced multidisciplinary Community Mental Health Team (CMHT), which incorporates a shared governance model, and delivers best-practice community-based care to serve the needs of children, adults and older people.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

CMHT are operational however are not fully staffed. Best practice community based care is being delivered however with additional staff extended working hours including week-end cover could be achieved.

Reason for partial completion / not yet

Additional staff required in order to extend working hours and week-end cover

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 9	Recommendation 9.3

Chapter 9 – The Community Mental Health Team (CMHT)

Links between CMHTs primary care services, voluntary groups and local community resources relevant to the service user's recovery should be established and formalised.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Strong links formed with all local voluntary groups – a number of partnership arrangements are operational and functioning successfully.
'Moving towards Recovery Group' has been developed by the Occupational Therapy and Psychology Department. This is a skill based group for young adults 18yrs to 35yrs which provides community based activities, peer support and coping skills. Examples of the community activities are as follows: relaxation, kayaking, self esteem, cookery, communication, sailing, mind fullness & craftwork
Formal links have been developed between our MDT and the numerous PCT's through-out West Cork

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 9	Recommendation 9.4

Chapter 9 The Community Mental Health Team (CMHT)
 Links between CMHTs primary care services, voluntary groups and local community resources relevant to the service user's recovery should be established and formalised.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

As outlined in 9.3

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment: West Cork
Date 3/2/10	Completed by;
Chapter 10	Recommendation 10.3

Chapter 10: Child & Adolescent Mental Health Services

It is recommended that service users and their families and carers be offered opportunities to give feedback on their experience and to influence developments within these services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

Parents and Children provide formal feedback in terms of Group Interventions and, Their outcomes in order to shape and inform the running of future groups.
All service users are asked for feedback following initial assessment

Reason for partial completion / not yet

This was our initial development. We plan to expand this further to include other Therapies/ general service in 2010

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

We had planned to introduce a Service user feedback form, but clinical demands In such a small team, meant that this had to be deferred again and again as the time Was not there. We have now set up a service development day where staff can progress this along with other VFC issues to completion

Recommend key issues for the consideration of the Independent Monitoring Group

Some of these issues could be agreed and introduced at regional/ ECD area level Which would enable them to be introduced without impacting on clinical time e.g. Standardised Feedback form used across all CAMHS etc

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 3/2/10	Completed by;
Chapter 10	Recommendation 10.1

Chapter 10: Child & Adolescent Mental Health Services:

The need to prioritise the full range of mental health care, from primary care to specialist mental health services for children and adolescents is endorsed in this policy.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

There is support for children from Community services such as Community Psychology , Occupational therapy, speech and language therapy, early intervention Autism and ID Services. There is little community based support for children with mild Emotional and behavioural difficulties in terms of parenting groups, voluntary groups In the area. Educational psychology is very limited through the schools, There is An inadequate psychology/ counselling available to children also attending social Work dept. GP's do not provide assessment or intervention even with very mild or recent onset cases but refer on . No primary care mental health workers
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Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

Planning needs to include primary care teams so that they incorporate mental health And Mental health workers at primary care level. Psychological impact of having Difficulties such as DCD requires more resources in OT/ SLT services so it can be addressed early on
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Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 3/2/10	Completed by;
Chapter 10	Recommendation: 10.7

Chapter 10: Child & Adolescent Mental Health Services:

Two child and adolescent CMHTs should be appointed to each sector (population: 100,000). One child and adolescent CMHT should also be provided in each catchment area (300,000 population) to provide liaison cover.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	x	Not yet commenced

Please tick

Please provide supporting factual information

A partial team has been recruited to reduce catchment areas across our service which includes south lee and this will increase our capacity
However, even with this expansion the average team catchment area will still be much higher than VFC: we will have 4 teams instead of 6.5 (Including liaison and MHID) across the service. Team sizes will be 5-6 in number (VFC =14)
Disciplines are missing in all teams

Reason for partial completion / not yet

See above

Completion Date:	
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Revised Timescale (commencement and completion dates):	
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Please share the key learning points which have evolved in the implementation of this recommendation

Recruitment of nursing staff is very difficult in this specialty
Waiting on approval for permanent consultant post has a negative impact on other team members in terms of service delivery and planning- ongoing
Lack of NCHD on the new team means we have 4 NCHD's across 6 teams in our Service This may work in a big hospital or in Dublin but doesn't when clinics are 30 miles apart and it impacts significantly on the ability to manage emergencies/ risk

Recommend key issues for the consideration of the Independent Monitoring Group

Minimum psychiatry staffing on MDT should be defined
Redeployment of nursing staff from other services may be needed
Basic grade posts should not be put into services with no senior grade within the service as a whole>>They require a lot of supervision which is having to be bought in

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 4/2/10	Completed by;
Chapter 10	Recommendation 10.8

Chapter 10: Child & Adolescent Mental Health Services

These child and adolescent CMHTs should develop clear links with primary and community care services and identify and prioritise the mental health needs of children in each catchment area.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	x	Not yet commenced
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please tick

Please provide supporting factual Information

Regular meetings with Autism and ID services, as well as with community
Meetings of CAMHS staff with Psychology, speech and language, social work and
OT services Around specific cases
Consultation service to primary care and referrers
Good links with many schools and GP's in the area

Reason for partial completion / not yet

An agreed referral algorithm across services and primary care teams should be
Established as the next step

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 4/2/10	Completed by;
Chapter 10	Recommendation 10.9

Chapter 10: Child & Adolescent Mental Health Services

Urgent attention should be given to the completion of the planned four 20-bed units in Cork, Limerick, Galway and Dublin, and multidisciplinary teams should be provided for these units.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	x	Not yet commenced
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please tick

Please provide supporting factual information

An 8 bedded unit is in place and we have 2 patients admitted there at present

Reason for partial completion / not yet

Building of 20 bedded unit is ongoing

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recruitment to Inpatient facilities can be at the expense of community based
Services in terms of WTE's and funding

Recommend key issues for the consideration of the Independent Monitoring Group

Priority needs to be given to developing a Day unit as stepdown and alternative
To inpatient care

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION South	Catchment West Cork
Date 4/2/10	Completed by;
Chapter 10	Recommendation 10.10

Chapter 10: Child & Adolescent Mental Health Services

Early intervention and assessment services for children with autism should include comprehensive multidisciplinary and paediatric assessment and mental health consultation with the local community mental health team, where necessary.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	x	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

We liaise with local autism team (diagnostic and intervention) on a three monthly Basis for consultation and have completed joint assessments where mental health Issues arise. Shared care model for those during an episode of mental illness.
As the ASD service is a different one to ours, I am unaware of details regarding Pediatric referral etc

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Regular collaborative consultation meetings and joint assessments can be a significant factor in allaying parental anxiety

Recommend key issues for the consideration of the Independent Monitoring Group

More therapeutic support required by parents / child from within ASD team as Disability act has meant that many psychologists are assessing with no time for Therapeutic work

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION	Catchment
Date	Completed by;
Chapter 11	Recommendation 11.3

Chapter 11 General Adult Mental Health Services:
 CMHTs should provide support and consultation to primary care providers in the management and referral of individuals with mental health problems.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	

Please tick

Please provide supporting factual information

Formal links have been formed with the primary care teams and G.P.'s
Strong partnership arrangements have been implemented with a number of voluntary groups such as National Learning Network, Rehab Care, West Cork Carers etc

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation : 11.4

Chapter 11: General Adult Mental Health Services

The proposed general adult mental health service should be delivered through the core entity of one Community Mental Health Team (CMHT) for sector populations of approximately 50,000. Each team should have two consultant psychiatrists.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

We have been allocated the appropriate number of consultants for our geographical area and we are delivering our services through the core entity of one CMHT

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.5

Chapter 11: General Adult Mental Health Services

It is recommended that a shared governance model, incorporating clinical team leader, team coordinator and practice manager be established to ensure the provision of best-practice integrated care, and evaluation of services provided.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual information

Within our team we have a clinical team leader and team coordinator who ensure the team provide the best practice integrated care. However we have no formal audit systems in order to evaluate the services we are providing.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations

Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation :11.6

Chapter 11: General Adult Mental Health Services

CMHTs should be located in Community Mental Health Centres with consideration for easy access for service users. High quality day hospitals and acute in-patient care facilities should also be provided.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

We have 2 resource centres one located in Bantry and the other in Clonakilty from which our teams operate from.
Our acute in-patient unit requires capital funding for an extension which would address the physical lay-out which has been identified as a core issue.

Reason for partial completion / not yet

Capital required

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.7

Chapter 11 General Adult Mental Health Services

CMHTs should evolve a clear care plan with each service user and, where appropriate, this should be discussed with carers.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

Integrated notes were introduced in 2009 – individual care-plans with a key worker and set of goals as outlined by the Mental Health Commission has been implemented

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.8

Chapter 11: General Adult Mental Health Services

Each team should include a range of psychological therapy expertise to offer individual and group psychotherapies in line with best practice.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

We have a psychologist within our services, we also have a number of CNS's who provide psychotherapies such as CBT etc

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.9

Chapter 11: General Adult Mental Health Services

Service users and providers should collaborate to draw up clear guidelines on the psychological needs of users and the range of community resources and supports available to them locally.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

'Windows' group commenced in November 2009 – future agenda has recognized the need to address the range of community resources and support available
West Cork Mental Health Forum produced a booklet in 2008 & 2009 entitled 'Sign Posting' which identifies all services and supports available to people in West Cork

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.10

Chapter 11: General Adult Mental Health Services
 Home-based treatment teams should be identified within each CMHT and provide prompt services to known and new service users as appropriate. This sub-team should have a gate-keeping role in respect of all hospital admissions.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual information

Assertive Outreach Team in operation providing home-based treatments – referrals are promptly delivered via the MDT. This team do provide an alternative to admission.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale <i>(commencement and completion dates):</i>	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.11

Chapter 11 General Adult Mental Health Services

Arrangements should be evolved and agreed within each CMHT for the provision of 24/7 multidisciplinary crisis intervention. Each catchment area should have the facility of a crisis house to offer temporary low support accommodation if appropriate.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Discussion are progressing locally with regard to providing temporary low support accommodation for crisis intervention situations

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.12

Chapter 11 General Adult Mental Health Services:

In addition to the existing Early Intervention Services (EIS) pilot project currently underway in the HSE, a second EIS pilot project should be undertaken with a population characterised by a different socio-demographic profile, with a view to establishing the efficacy of EIS for the Irish mental health service.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.13

Chapter 11 General Adult Mental Health Services

Each 50 bed acute psychiatric unit should include a close observation unit of six beds.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

Our services has 18 beds with 2 observation beds

Reason for partial completion / not yet

Completion Date:	14 th January 2010
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Revised Timescale (commencement and completion dates):	N/A
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 11	Recommendation 11.14

Chapter 11: General Adult Mental Health Services

Each of the four HSE regions should provide a 30-bed ICRU unit - with two sub-units of 15 beds each - to a total of 120 places nationally, staffed with multidisciplinary teams with appropriate training.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	√
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Please tick

Please provide supporting factual information

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12. 1

Chapter 12: Rehabilitation and recovery mental health services for people with severe and enduring mental illness. A strong commitment to the principle of "Recovery" should underpin the work of the rehabilitation CMHT - the belief that it is possible for all service users to achieve control over their lives, to recover their self-esteem, and move towards building a life where they experience a sense of belonging and participation.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

The West Cork Mental Health Service has taken V.F.C. seriously from the day of its publication. Even before its publication, the service was working to develop a community, user-centred approach with real choices available with regard to the interventions on offer.

Management and staff have sought to develop a culture throughout the service that prioritises the dignity of service users and their families. This has involved the promotion of an attitude of respect as the single most important priority of the service.

The central aim has been to develop a service that is guided by the following 5 principles:

- service-user involvement
- multi-disciplinary working (tidal model adopted)
- a 'recovery' philosophy (WRAP & Recovery Training & delivery)
- community orientation
- partnerships between different agencies

'Recovery values project' This project involves staff members and service-users working together to examine the values that underlie a recovery orientation. By exploring these values an opportunity is created for staff to reflect on their practice. Clients are also afforded the opportunity to develop a new language for the expression of their Recovery needs and a forum in which to express these needs. Each of the Recovery themes was addressed in turn. Themes were explained and explored. Clients shared their experiences and dreams and made suggestions of how the value in question could be more effectively expressed by their mental health team. The words and images expressed by the service users were then distributed to all of the staff of WCMH service for reflection and inspiration. They were also read at team meetings and displayed throughout the hospital. Following the success of this, a bi-weekly recovery meeting was instigated for staff with a view to developing a structured approach to recovery. The works that had been compiled into a book format.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.2

Chapter 12: Rehabilitation and recovery mental health services for people with severe and enduring mental illness Some 39 rehabilitation and recovery CMHTs should be established nationally, with assigned sector populations of 100,000. Assertive outreach teams providing community-based interventions should be the principal modality through which these teams work.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

'Home Focus' - This programme provides a holistic, person-centred, recovery-based support to people who are isolated because of their inability or unwillingness to use traditional ways of engaging with services. The aim of the project is to deliver a service to this group of people in their own homes and communities in the West Cork areas. Participants are enabled to enhance their mental health and well-being, independent living skills, levels of connection to their own communities, access to training, education and employment opportunities, improved quality of life and future planning.

'Community-based assessments' Good MDT working has meant that many new referrals to our service are seen at home on joint visits involving different members of the team

Reason for partial completion / not yet

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Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.3

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental illness. The physical infrastructure required to deliver a comprehensive service should be provided in each sector. Rehabilitation and recovery CMHTs should have responsibility for those physical resources appropriate to the needs of their service users, such as community residences.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

We have a number of hostels placed through-out the catchment
We also have two resource centres from which holistic treatments and talking therapies are provided on a daily basis
Due to the strong relationships built up with other agencies we also have access to a number of venues in the community including primary care centres, community resource centres etc

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.5

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental illness. Rehabilitation and recovery mental health services should develop local connections through linking with local statutory and voluntary service providers and support networks for people with a mental illness is required to support community integration.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

‘Primary-care liaison’ A nurse practitioner role has been developed to provide on-site liaison for GPs. This nurse is also a trained therapist and can provide direct therapeutic interventions without referral to the secondary service if this is requested by the GP.

‘Triologue’ One of the initiatives promoted by the first group of attendees at the C.L.L.P. (see above) has been to start ‘trialogue’ meetings in west Cork. This is an idea that first developed in Austria and Germany. It involves facilitated group meetings between service users, carers and professionals in which various aspects of the mental health field are discussed.

‘Joint mental health awareness work with schools’ Through a partnership between our primary care liaison practitioner (see below) and an active service user, mental health awareness sessions are currently provided for secondary schools in the Clonakilty area. It is hoped that these will also be delivered to other schools in West Cork in the future.

‘West Cork Mental Health Forum’, is an informal network of stakeholders in the area with an interest in improving community supports for people with mental ill-health. The forum was established in June 2005 it comprises of service users, carers, community organizations, voluntary sector organization and the individuals from our service. It has informal meetings and works towards:

- Providing a channel for the voices of service users
- Identifying supports for families who have experienced problems and acts as a signpost for existing services/supports
- Engaging the local community with mental health issues and so promoting ownership and understanding of these issues
- Challenging the stigma of mental health

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
HSE REGION	Catchment
Date	Completed by;
Chapter 12	Recommendation 12.6

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental illness. All current staff within the mental health system who are appointed to rehabilitation and recovery services should receive training in recovery-oriented competencies and principles.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

In WCMHS we do not have a dedicated rehabilitation team however this and recovery is the fundamental basis of our adopted and implemented ethos. All staff are encouraged to complete further professional development in these areas.
The process of change in our recent reconfiguration of services has involved the following elements: <ul style="list-style-type: none"> ▪ Up-skilling of staff ▪ Reconfiguration of staff and service

Reason for partial completion / not yet

Restraints on training & travel budgets

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.7

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental illness. The development of formal coordination structures between health services and employment agencies should be a priority if the delivery of seamless services is to be facilitated.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

A number of the projects in operation promote a community orientation of working in partnership with different agencies in the community. The service is now firmly in the community with formal links developed examples of same are senior management members on the boards of a number of voluntary agencies such as: Employability West Cork and National Learning Network

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.8

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental To facilitate the service user in re-establishing meaningful employment, development of accessible mainstream training support services and coordination between rehabilitation services and training and vocational agencies is required.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Strong links have been developed with Employability, National Learning Network and other voluntary groups to ensure that the training mechanisms and support are in place for service users to re-establish meaningful employment

Our assertive outreach team consists of a rehabilitation trainer who provides training and referrals into the different agencies to further enhance employment possibilities

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 12	Recommendation 12.9

CHAPTER 12 - Rehabilitation and recovery mental health services for people with severe and enduring mental illness. Evaluation of services to the severe and enduring service user group should incorporate quality-of-life measures and assess the benefit and value of these services directly to service users and their families.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

Our assertive outreach team focuses on individuals who are suffering from severe and enduring mental health illness. Part of the recovery path includes a quality of life measure assessment.
Ideally direct access to support from a specialist rehabilitation team would greatly benefit the services.
As outlined above a residential review was also completed in the services whereby a number of residents were relocated to more suitable accommodation following individual assessment of needs.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

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Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.1

CHAPTER 13 - Mental health services for older people Any person, aged 65 years or over, with primary mental health disorders or with secondary behavioural and affective problems arising from experience of dementia, has the right to be cared for by mental health services for older people (MHSOP).

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	√
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Please tick

Please provide supporting factual Information

No access to the expertise of an older age psychiatry team

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.3

CHAPTER 13 - Mental health services for older people Health promotion programmes and initiatives found to be beneficial to older adults should be implemented.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

VEC workers run weekly programmes suitable to the age profile in the different settings such as gardening, healthy eating, arts & crafts, exercise programmes etc
The Occupational Therapy Department also has a weekly programme of activities which is delivered on an individual basis
We have also formed official links with the Health Promotion Department in availing of programmes suitable to our older adults

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

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Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.4

CHAPTER 13 - Mental health services for older people Primary health care teams should play a major role in assessment and screening for mental illness in older people and should work in a coordinated and integrated manner with the specialist teams to provide high quality care, particularly care that is home-based..

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS does not have a representative on each of the primary care teams, this is still in its preliminary stages.

Reason for partial completion / not yet

Once we have aligned our staff to the P.C.T.'s through the region we will finalize a referral system directly into the team. Currently G.P.'s refer directly into our services via our Team Co-ordinator

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.5

CHAPTER 13 - Mental health services for older people A total of 39 MHSOP multidisciplinary teams should be established nationally, one per 100,000 population, providing domiciliary and community-based care.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	√
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.6

CHAPTER 13 - Mental health services for older people Priority should be given to establishing comprehensive specialist MHSOP where none currently exist.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

There are no specialist teams within our service or that we have direct access too.

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Access to specialist teams required.

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.7

CHAPTER 13 - Mental health services for older people Physical resources essential to service delivery, acute beds and continuing care, service headquarters, community-based and day facilities should be provided for MHSOP within each sector..

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

We have sufficient physical resources within our services. However a number of these facilities require minor capital investment in order to be modernised and meet HIQRA standards etc

There are a number of facilities which form part of the HSE Capital Development Plan which will increase our community based premises.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale
(commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.8

CHAPTER 13 - Mental health services for older people There should be eight acute assessment and treatment beds in each regional acute psychiatric unit for MHSOP.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	

Please tick

Please provide supporting factual Information

WCMHS consultant staffing has access to the acute beds in the Bantry Acute Unit as and when required

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.9

CHAPTER 13 - Mental health services for older people

There should be one central day hospital per mental health catchment area (300,000 population) providing 25 places, and a number of travelling day hospitals in each mental health catchment area.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual information

We have no specific day hospital for individuals suffering from a mental health illness, we do however have two resource centres which provide day activities and programmes.
We also have access to day hospitals aligned to the community hospitals which our residents can avail of.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Unsure of requirement for this type of setting

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.10

CHAPTER 13 - Mental health services for older people There should be an appropriate provision of day centres in each mental health catchment area, but their provision should not be the responsibility of the MHSOP. The development of formal coordination structures between health services and employment agencies should be a priority if the delivery of seamless services is to be facilitated.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously outlined in the previous section, we have full access to the day care centres through-out the catchment.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.12

CHAPTER 13 - Mental health services for older people Carers and families should receive appropriate recognition and support including education, respite, and crisis response when required..

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS provide a number of respite placements.
The 2009/2010 co-operative leadership groups is working towards development services for the carers and families such as support groups/literature/web-site and information sessions outlining external services from which to avail of

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Carers are not prioritized enough when being provided with guidance, support and advice

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.13

CHAPTER 13 - Mental health services for older people Older people with mental health problems should have access to nursing homes on the same basis as the rest of the population

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

As previously outlined our services completed a residential review. Following individual age care assessment – residents were appropriately housed to use their needs.
Our services has developed links with the age care evaluation team and the local private nursing homes.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 13	Recommendation 13.14

CHAPTER 13 - Mental health services for older people There should be 30 continuing care places for older people with mental disorders in each mental health catchment area.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS has 24 beds which is sufficient to meet our needs for these places.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

The different levels of care catering for this quantity of individuals in the one environment can be very complex

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.1

CHAPTER 14 - Mental health services for people with intellectual disability The process of service delivery of mental health services to people with intellectual disability should be similar to that for every other citizen.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

People with Intellectual Disability are entitled to all health service just as every other citizen

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.2

CHAPTER 14 - Mental health services for people with intellectual disability

Detailed information on the mental health of people with intellectual disability should be collected by the NIDD. This should be based on a standardised measure. Data should also be gathered by mental health services for those with intellectual disability as part of national mental health information gathering.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

WCMHS does not have a patient management system from which such data can be extracted.
Currently such information is not correlated or returned to NIDD

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

An urgent need for computerised patient management system

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.4

CHAPTER 14 - Mental health services for people with intellectual disability The promotion and maintenance of mental well-being should be an integral part of service provision within intellectual disability services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

All service users have individual Care plans which include aspects of their mental well-being

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.5

CHAPTER 14 - Mental health services for people with intellectual disability All people with an intellectual disability should be registered with a GP and both intellectual disability services and MHID teams should liaise with GPs regarding mental health care.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

All individuals who avail of our services are registered with a GP. Our MDT has formalised a good relationship with these practitioners.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.6

CHAPTER 14 - Mental health services for people with intellectual disability
 Mental health services for people with intellectual disability should be provided by a specialist mental health of intellectual disability (MHID) team that is catchment area-based. These services should be distinct and separate from, but closely linked to, the multidisciplinary teams in intellectual disability services who provide a health and social care service for people with intellectual disability.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Specialist Consultant Psychiatrist for Intellectual Disabilities are available for the region (Bros Charity) but no multidisciplinary team (moderate – severe ID)
Service users with mild intellectual disability access the generic services

Reason for partial completion / not yet

No specialist consultant or team for the area

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.7

CHAPTER 14 - Mental health services for people with intellectual disability The multidisciplinary MHID teams should be provided on the basis of two per 300,000 population for adults with intellectual disability.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

No Specialist M.H.I.D. Team for the area
Lack of resources

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Uncertain of the new super-catchment alignment – previously West Cork were merging with Kerry & South Lee. However, there is now speculation that the new merge will be West Cork and South Lee.

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.8

CHAPTER 14 - Mental health services for people with intellectual disability One MHID team per 300,000 population should be provided for children and adolescents with intellectual disability.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	√
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Please tick

Please provide supporting factual Information

Only local liaison arrangements in place no formalized referral system in place

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Clear referral policies are definitely required, particularly around specialist groups such as people with Aspergers syndrome

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.9

CHAPTER 14 - Mental health services for people with intellectual disability A spectrum of facilities should be in place to provide a flexible continuum of care based on need. This should include day hospital places, respite places, and acute, assessment and rehabilitation beds/places. A range of interventions and therapies should be available within these settings.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

Generic respite facilities available
No formalized referral system in place for acquiring specialist placements/review

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 14	Recommendation 14.10

CHAPTER 14 - Mental health services for people with intellectual disability In order to ensure close integration, referral policies should reflect the needs of individuals with intellectual disability living at home with their family, GPs, the generic intellectual disability service providers, the MHID team and other mental health teams such as adult and child and adolescent mental health teams.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

No written policies to reflect this

Reason for partial completion / not yet

Completion Date:

To be completed

Revised Timescale

(commencement and completion dates):

To be completed

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15.2	Recommendation 15.2.6

Mental health services for homeless people Community mental health teams should adopt practices to help prevent service users becoming homeless, such as guidelines for the discharge of people from psychiatric in-patient care and an assessment of housing need/living circumstances for all people referred to mental health services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented	Not yet commenced
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Please tick

Please provide supporting factual information

Formal and informal links exist between local authorities and other HSE services	
MH services have a representative on the local Homeless forum	
Homeless people are identified at point of admission so supports can be put in place	

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.2.7

Mental health services for homeless people Integration and coordination between statutory and voluntary housing bodies and mental health services at catchment area level should be encouraged.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

Formal and informal links exist between local authorities and other HSE services
MH services have a representative on the local Homeless forum

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.3.1

Mental health services for people with co-morbid severe mental illness and substance abuse problems Mental health services for both adults and children are responsible for providing a mental health service only to those individuals who have co-morbid substance abuse and mental health problems.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual information

Substance misuse therapist functioning as part of CMHT team for people with co-morbid presentation
Children access the generic Substance misuse service in the community
Staff have completed further professional education in dual diagnosis and substance abuse. We envisage increasing our liaison link to the A/E setting of the general hospital on campus.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Need for community access to substance abuse counsellor services

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.3.2

Mental health services for people with co-morbid severe mental illness and substance abuse problems General adult CMHTs should generally cater for adults who meet these criteria, particularly when the primary problem is a mental health problem.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

Substance misuse therapist functioning as part of CMHT team for people with co-morbid presentation

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.3.4

Mental health services for people with co-morbid severe mental illness and substance abuse problems. Specialist adult teams should be developed in each catchment area of 300,000 to manage complex, severe substance abuse and mental disorder.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

No dedicated substance abuse teams are currently functioning within our Catchment

Reason for partial completion / not yet

Completion Date:

To be implemented

Revised Timescale

(commencement and completion dates):

To be implemented

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.3.5

Mental health services for people with co-morbid severe mental illness and substance abuse problems. These specialist teams should establish clear linkages with local community mental health services and clarify pathways in and out of their services to service users and referring adult CMHTs.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

No regional teams have been implemented to date therefore no formal links have been identified

Reason for partial completion / not yet

Completion Date:	To be completed
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Revised Timescale (commencement and completion dates):	To be completed
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.4.1

Mental health services for people with eating disorders Health promotion initiatives that support greater community and family awareness of eating disorders should be supported and encouraged.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

A CAMHS team has recently been recruited for and will be operational from our catchment area
It is envisaged that part of the brief of this team will develop initiatives surrounding greater awareness of eating disorders

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.4.4

Mental health services for people with eating disorders Eating disorders in children and adolescents should be managed by the child and adolescent should be managed by the child and adolescent CMHTs on a community basis, using beds in one of the five in-patient child and adolescent units if required..

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

Currently the CAMHS team manages all children referred to their services. Children from the ages of 16 to 18 (Who have no previous intervention with CAMHS) are referred to our services for treatment.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.4.8

Mental health services for people with eating disorders The four specialised multidisciplinary adult teams, and the national team for children and adolescents, should provide community-based consultation, advice and support to all agencies in their area.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.5.1

Liaison mental health services The existing provision of nine LMHS teams nationally should be increased to thirteen.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.5.2

Liaison mental health services Complete multidisciplinary LMHS should be established in the three national children's hospitals.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.5.3

Liaison mental health services Liaison child and adolescent mental health services should be provided by a designated child and adolescent CMHT, one per 300,000 population (see Chapter 10)

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.7.1

Suicide Prevention There should be agreed protocols and guidelines for engaging with those assessed to be at high risk of suicidal behaviour, and for engaging with those who are particularly vulnerable in the wake of a suicide, within mental health care settings.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual Information

No self-harm nurse in place. No procedures/policies pertaining to same in place

Reason for partial completion / not yet

Completion Date:

To be completed

Revised Timescale

(commencement and completion dates):

To be completed

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.7.2

Suicide Prevention Particular care should be given to service users of mental health services who have been identified as being at high risk of suicidal behaviour e.g. those with severe psychosis, affective disorders, and individuals in the immediate aftermath of discharge from in-patient settings.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

This is part of our core business within the Mental Health Services
Formal links in place with the suicide prevention team

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.8.1

People with borderline personality disorder The needs of people with mental health problems arising from or co-morbid with borderline personality disorder should be recognised as a legitimate responsibility of the mental health service, and evidence-based interventions provided on a catchment area basis.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input checked="" type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

Addressed within the generic mental health services only,

Reason for partial completion / not yet

No specialist service available

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 15	Recommendation 15.8.2

People with borderline personality disorder Specialised therapeutic expertise should be developed in each catchment area to deal with severe and complex clinical problems that exceed the available resources of generic CMHTs.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	√
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Please tick

Please provide supporting factual Information

Reason for partial completion / not yet

Completion Date:

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Revised Timescale

(commencement and completion dates):

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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.4

CHAPTER 16 - Management and organisation of mental health services

Multidisciplinary Mental Health Catchment Area Management Teams should be established. These teams should include both professional managers and clinical professionals along with a trained service user and should be accountable to the National Care Group Manager and the National Mental Health Service Directorate.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

Our Local Implementation Group was formed on 17th July 2008 – this comprises of all the members as listed above

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.5

CHAPTER 16 - Management and organisation of mental health services
 Community Mental Health Teams should self-manage through the provision of a team coordinator, team leader and team practice manager.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

WCMHS has a team co-ordinator who coordinates all activities through the entire team

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.6

CHAPTER 16 - Management and organisation of mental health services
 Community Mental Health Teams should be responsible for developing costed service plans and should be accountable for their implementation.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS Senior Management Team input, develop and agree on the items to be included in the service plan each year.

Reason for partial completion / not yet

At present only minor capital development plans are costed in advance.

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.7

CHAPTER 16 - Management and organisation of mental health services A management and organisation structure of National Mental Health Service Directorate, a multidisciplinary Mental Health Catchment Area Management Team and local, self-managing CMHTs, should be put in place.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	

Please tick

Please provide supporting factual Information

The national and regional management structures have not be concluded to date
Our local Catchment Management Team is multidisciplinary
Our Local Implementation Group comprises of a representative from each discipline, a service user, a carer and representatives from external agencies such as CAMHS & Suicide Prevention Team

Reason for partial completion / not yet

The national and regional management structures have not be concluded to date

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.8

CHAPTER 16 - Management and organisation of mental health services Mental Health Catchment Area Management Teams should facilitate the full integration of mental health services with other community care area programmes. This should include the maximum involvement with self-help and voluntary groups together with relevant local authority services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS have formed strong links with self-help, voluntary groups and the local authority services. Examples of how is in functioning is West Cork are as follows: West Cork Mental Health Forum, 'Window's, West Cork Homeless Forum and joint partnership agreements with a number of agencies such as National Learning Network, Employability and Rehab Care.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 16	Recommendation 16.9

CHAPTER 16 - Management and organisation of mental health services
 Community Mental Health Teams and Primary Care Teams should put in place standing committees to facilitate better integration of the services and guide models of shared care.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual information

WCMHS are currently in the process of aligning staffing to the existing and planned PCT's in West Cork. The facilitation of better integration between our services is being addressed and managed by the Director of Nursing in Mental Health & the Primary Care Teams Co-ordinator

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 17	Recommendation 17.8

CHAPTER 17 - Investing in the future: Financing the mental health services
 Provision of community mental health centres as service bases for multidisciplinary community mental health teams should be given priority.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input checked="" type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input type="checkbox"/>
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Please tick

Please provide supporting factual Information

A multi-purpose resource centre for Clonakilty has been given priority under the capital development projects for 2010

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.7

CHAPTER 18 - Manpower, education and training Family friendly staff policies and flexible rostering with provision of suitable child care facilities is an important issue for the recruitment and retention of staff, as is help with housing, particularly for foreign nationals.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

Family friendly staff policies with flexible rostering are in place – assistance with housing is offered on recruitment with a list of available accommodation in the area

√

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.8

CHAPTER 18 - Manpower, education and training A flexible retirement package should be considered to make the best use of valuable experienced staff. This would enable staff nearing retirement to move into part-time work without reducing pension benefit or to retire while carrying on with full or part-time work. Staff earlier on in their career should be able to take a career break and still contribute to their pension benefits.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

WCMHS operate under the HSE Incentivised Scheme for Early Retirement (ISER) & career break schemes.

Reason for partial completion / not yet

Completion Date:

Ongoing

Revised Timescale

(commencement and completion dates):

Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.10

CHAPTER 18 - Manpower, education and training Within the context of overall service changes, many currently employed staff will need to redefine their role in the light of the development of new community-based teams focusing on early intervention, assertive outreach, crisis resolution and home treatment. Appropriate training should be available for affected staff.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual information

WCMHS have encouraged staff to continue with professional development and to up skill in specific areas. Over the last number of years a number of C.M.H.N'.s have redefined their positions and now work as counsellors providing CBT and other therapies.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.11

CHAPTER 18 - Manpower, education and training A personal training and development plan or equivalent should be introduced for all grades of staff in the mental health services. This should help managers set priorities for the use of resources in order to meet common needs more efficiently, organise staff release and target and schedule in-house education and training. In this regard it is also important to make available clear information about routes to employment training and career progression within the mental health service.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	<input type="checkbox"/>	Partially implemented	<input type="checkbox"/>	Not yet commenced	<input checked="" type="checkbox"/>
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Please tick

Please provide supporting factual information

Reason for partial completion / not yet

Completion Date:

To be developed

Revised Timescale

(commencement and completion dates):

To be developed

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.24

CHAPTER 18 - Manpower, education and training It is recommended that the position of mental health support worker be established in the mental health system to support service users in achieving independent living and integration in their local community.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS has a full time mental health support worker working in conjunction with the Home Focus Team

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 18	Recommendation 18.27

CHAPTER 18 - Manpower, education and training A variety of programmes should be in place for the workplace such as induction programmes, health and safety programmes (for example, cardio-pulmonary resuscitation) and training in conducting staff appraisals.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS has programmes in place such as induction and health and safety

Reason for partial completion / not yet

Further development/training and roll out of staff appraisals is required.

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 19	Recommendation 19.1

CHAPTER 19 - Mental health information and research Service users and carers should have ready access to a wide variety of information. This information should be general (e.g. on mental health services in their area) and individualised (e.g. information on their medication).

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

All in-patients receive an information pack which outlines all aspects of the services
All service users have individualised info in their care plans
All wards have info leaflets re services, rights and therapeutic interventions
A 'Sign-posting' book was developed by the West Cork Mental Health Forum – this outlines all the services/agencies & their contact details through-out the area.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 19	Recommendation 19.3

CHAPTER 19 - Mental health information and research Measures should be put in place to collect data on community-based mental health services.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	

Please tick

Please provide supporting factual Information

WCMHS has no patient management system, however manual records are kept on the majority of community activity. These statistics correlated on a annual report for the Mental Health Commission.

Reason for partial completion / not yet

Difficult to capture all activity as there is no computerised management system in place

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

A need for a national computerised patient management system with capabilities for community activity recording (P.D.A.'s)

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 19	Recommendation 19.6

CHAPTER 19 - Mental health information and research Mental health services should implement mental health information systems locally that can provide the national minimum mental health data set to a central mental health information system.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS return annual statistics to the Mental Health Commission and N.R.B.

Reason for partial completion / not yet

Only minimum data is returned – greatly need to capture all activities with the assistance of a management system

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 19	Recommendation 19.13

CHAPTER 19 - Mental health information and research Mental health research should be part of the training of all mental health professionals and mental health services should be structured to support the ongoing development of these skills.

Recommendation Completion in this Area (Tick Box)

Fully Implemented		Partially implemented	√	Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS encourage all staff as part of their professional development to become involved in research.

Reason for partial completion / not yet

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date
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Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 20	Recommendation 20.3

CHAPTER 20 - Transition and transformation: Making it happen The first steps that should be taken to implement this policy include the management and organisational changes recommended in Chapter 16 and the provision of training and resources for change.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	Partially implemented	Not yet commenced
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please tick

Please provide supporting factual Information

Local management structures have been redefined in order to meet the requirements as outlined in Chapter 16.

Reason for partial completion / not yet

Provision of training is hampered due to financial restraints – only statutory training programmes will take place in 2010. West Cork is unique in that we do not have a large institute to shut down. Therefore we do not have access to additional funds or staffing.

Completion Date:	Ongoing
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Revised Timescale (commencement and completion dates):	Ongoing
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Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

Thank You

Signed	Title	Date

Vision for Change Independent Monitoring Group Report for Jan 2010

LOCAL Recommendations	
Date 14 th January 2010	Completed by;
HSE REGION South	Catchment West Cork
Chapter 20	Recommendation 20.4

CHAPTER 20 - Transition and transformation: Making it happen Mental hospitals must be closed in order to free up resources to provide community-based, multidisciplinary team-delivered mental health care for all. A plan to achieve this should be put in place for each mental hospital.

Recommendation Completion in this Area (Tick Box)

Fully Implemented	√	Partially implemented		Not yet commenced	
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Please tick

Please provide supporting factual Information

WCMHS has reconfigured the entire services to its full capacity, we do not have a large hospital to shut down therefore we are unable to access additional resources to further enhance our community based services.

Reason for partial completion / not yet

Completion Date: Ongoing

Revised Timescale (commencement and completion dates): Ongoing

Please share the key learning points which have evolved in the implementation of this recommendation

Recommend key issues for the consideration of the Independent Monitoring Group

In order to develop our community bases services West Cork needs to be aligned to a service which will have access to additional resources in terms of funding and staffing.

Thank You

Signed	Title	Date